

## **Exercise**

Give a presentation about something you think is a good way of doing exercise. You should include in your answer:

- What equipment is needed.
- Where people usually do this form of exercise.
- What they usually wear.

And say if you think this form of exercise is getting more or less popular, and why.

<http://www.usingenglish.com/files/pdf/101-ielts-speaking-part-two-tasks-about-sports-and-hobbies.pdf>